

# Recipe for milk-free cupcakes for baked egg in-office allergy challenge

## Easy Cupcake Recipe

### Ingredients

- 2 1/4 cups all purpose flour
- 1 1/3 cups sugar
- 3 teaspoons baking powder
- 1/2 teaspoon salt
- 1/2 cup milk free shortening
- 1 cup milk substitute( for example rice or soy)
- 1 teaspoon vanilla
- 2 eggs

### Directions

- Preheat oven to 350 degrees. Line cupcake pans with paper liners.
- Combine flour, sugar, baking powder, and salt in a large mixing bowl. Add shortening, milk substitute (for example rice or soy), and vanilla. Beat for 1 minute on medium speed. Scrape side of bowl with a spatula.
- Add 2 eggs to the mixture. Beat for 1 minute on medium speed. Scrape bowl again. Beat on high speed for 1 minute 30 seconds until well mixed.
- Spoon cupcake batter into paper liners until 1/2 to 2/3 full.
- Bake for 20 to 25 minutes or until toothpick inserted in center comes out clean.
- Cool 5 minutes in pans then remove and place on wire racks to cool completely.

Do not add any chocolate chips, or berries or any item that would prevent the cupcake from being thoroughly cooked. Do not frost. Please bring 4 cupcakes so that if any should spill there will be an additional supply.